

Fun Fish of the Month

SUSTAINABLY SOURCED BY SEATTLE FISH CO.



Hogfish

Available through the month of August 2022

Scientific name: *Lachnolaimus maximus*

SFC sources it from: Beacon Fisheries (Gulf Coast)

First PO: *Thursday, August 4th*

Fun Facts:

- ✓ Hogfish get their name from their long, hog-like nose, which the hogfish use to root around in the sand to find buried mollusks and crustaceans.
- ✓ These fish spend most of their time on the ocean floor in order to be closer to their food.
- ✓ With a diet of Shellfish, Mussels and Clams, the natural sweetness of its prey lends that characteristic to the flavor of the Hogfish.

Cooking:

- ✓ Hogfish have white, flaky fillets, which makes them a restaurant favorite.
- ✓ This fish is a great substitute for a true Snapper and holds more moisture than American Reds.
- ✓ Their diet gives them a sweet, light flavor.
- ✓ Hogfish is delicious prepared steamed, sautéed, pan-roasted, or as ceviche.

Please contact a Seattle Fish Co. Sales Rep to learn more about our products.

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